







Main Goal

Participants will learn discipline, focus & self control through Karate techniques and principles.

<u>Place:</u>	Northwood HS 919	University	Blvd	West SS	MD	20901

Day/Dates: Sundays - December 4th 2016 – May 21st 2017

Class Schedule: **The 1st & 3rd Sunday of every month: Starting December 4th**

Time: 2pm-3pm

Cost: \$30 per month | Payment Due: 1st CLASS OF EVERY MONTH |

Cash or Money Order payable to: '1 Up Handles Inc'

<u>Registration:</u> <u>www.luphandles.com</u> | Click 'Programs' then 'Karate Academy' |

or

Mail Registration & Payment to: 12506 Eastbourne Drive Silver Spring, MD 20904

Gender/Grade: Boys & Girls Ages 7-11/2nd - 5th grade

<u>Contact #/ Email:</u> Kevin (240) 426-5004 / <u>1uphandles@gmail.com</u> (Questions)

Special Notes: No Karate Uniforms to purchase. Participants should wear athletic attire.

Program Director: Kevin Thompson

Registration Information

Name:			
Age:	Grade:	School:	Parental Policy Agreement
Address:			
City:	State:	Zip:	I hereby certify that my child is in normal health, covered by
Home Phon	ıe #:		medial insurance, and capable of safe participation in the Karate
Cell Phone	#:		Academy by 1 Up Handles Inc. Any Special needs or
Parent/Guai	rdian:		health conditions have been stated. The organizers and staff are
Email:			not responsible for any damage or injury incidental to the
	Contact:		conduct of this program. I hereby authorize the 1 Up Handles
Phone #:	 		staff to obtain medical treatment for my child in the event
	p:		that parent/guardian or emergency contact cannot be reached.
Special Nee	eds/Health Concerns:	·	
			Signature of Parent/Guardian:

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